

# FITMIX

12 - 18 aug

## MAANDAG

09.00u Bodytraining

~~18.15u Bodytraining~~

19.15u Zumba

~~20.15u Shape~~

**19.15u Polefitness**

**20.15u Polefitness**

## VRIJDAG

~~09.00u Bodytraining Steps~~

~~10.15u Zumba Gold~~

16.30u Swing Kids

~~17.00u Swing Kids 9-12jr~~

~~18.00u Swing Club+~~

**19.00u Polefitness**

## DINSDAG

09.00u Pilates

~~10.15u Zumba Gold~~

~~17.30u Swing Club+~~

18.30u Zumba

**19.30u Polefitness**

## ZATERDAG

10.15u Zumba

## WOENSDAG

~~09.00u Bodytraining~~

10.30u Zumba Gold

16.30u Swing Kids 7-12jr

~~18.30u Bodytraining Steps~~

19.30u Zumba

**19.00u Polefitness**

**20.30u Polefitness**

## ZONDAG

10.00u Pilates

11.00u Zumba

## DONDERDAG

09.00u Zumba

**20.30u Polefitness**

