

# FITMIX

15-21 juli

## MAANDAG

09.00u Bodytraining

18.15u Bodytraining

19.15u Zumba

20.15u Shape

**19.15u Polefitness**

**20.15u Polefitness**

## VRIJDAG

09.00u Bodytraining Steps

10.15u Zumba Gold

~~16.00u Swing Kids 5-8jr~~

~~17.00u Swing Kids 9-12jr~~

18.00u Swing Club+

**19.00u Polefitness**

## DINSDAG

~~09.00u Pilates~~

~~10.15u Zumba Gold~~

17.30u Swing Club+

18.30u Zumba

**19.30u Polefitness**

## ZATERDAG

10.15u Zumba

## WOENSDAG

~~09.00u Bodytraining~~

~~10.30u Zumba Gold~~

~~16.30u Swing Kids 7-12jr~~

18.30u Bodytraining Steps

19.30u Zumba

**19.00u Polefitness**

**20.00u Polefitness**

## ZONDAG

10.00u Pilates

11.00u Zumba

## DONDERDAG

09.00u Zumba

**20.30u Polefitness**

