

FITMIX

22-28 juli

MAANDAG

09.00u Bodytraining

18.15u Bodytraining

19.15u Zumba

20.15u Shape

19.15u Polefitness

20.15u Polefitness

DINSDAG

09.00u Pilates

10.15u Zumba Gold

17.30u Swing Club+

18.30u Zumba

19.30u Polefitness

WOENSDAG

09.00u Bodytraining

~~10.30u Zumba Gold~~

~~16.30u Swing Kids 7-12jr~~

18.30u Bodytraining Steps

19.30u Zumba

19.00u Polefitness

20.30u Polefitness

DONDERDAG

~~09.00u Zumba~~

20.30u Polefitness

VRIJDAG

~~09.00u Bodytraining Steps~~

~~10.15u Zumba Gold~~

~~16.00u Swing Kids 5-8jr~~

~~17.00u Swing Kids 9-12jr~~

18.00u Swing Club+

19.00u Polefitness

ZATERDAG

10.15u Zumba

ZONDAG

10.00u Pilates

11.00u Zumba

